



# Aromatherapy Department

## Mikki Anderson, Cert. Aroma.

Mikki Anderson is a clinical massage therapist and clinical aromatherapist specializing in prenatal massage and has a clinic in Laguna Hills, CA. In addition to her clinical practice, Mikki provides education to healthcare professionals and started the massage program at St. Joseph's Mission Hospital, where she also serves as a community prenatal and labor massage educator.

## Lora Cantele, AAS, Cert. Aroma., RA

Lora Cantele is a Registered Clinical Aromatherapist through the Aromatherapy Registration Council (ARC) and a Certified Aromaflexology (formerly Swiss Reflex Therapy (SRT)) practitioner and instructor through its creator, Shirley Price. Her work as former president of AIA has helped the organization flourish to become a leading voice in advancing an ethical practice of aromatherapy for personal as well as clinical use. During her tenure at the AIA (2006-2012) she successfully lead the development and implementation of AIA's aromatherapy educational standards to take the level of aromatherapy education in the USA to new heights. As an aromatherapy educator, writer, and international speaker Ms. Cantele continues to unite and inspire her colleagues to speak out about the importance of this work within an integrative health and wellness program. She is co-author of The Complete Aromatherapy & Essential Oils Handbook for Everyday Wellness.

## Mindy Green, AHG, RA

Mindy is an herbalist, esthetician, and aromatherapist, and has written extensively on medicinal plants. Mindy is a well-known educator, author, past director of the Herb Research Foundation, and is currently on the Advisory Board to the American Botanical Council. She brings a wealth of experience and industry insight to the Governing Board. Mindy is a Registered Herbalist with the American Herbalists Guild [RH (AHG)] and also a Registered Aromatherapist (RA). Mindy also participated in aromatherapy training at Purdue University in 1996 and 1997. She consults to the botanical industry through <http://www.greenscentations.com>.



## Robert Brown

Rob Brown is President of The Lebermuth Company, an industry-leading essential oil distributor based in Pennsylvania. Similar to ACHS, Lebermuth is dedicated to sustainability and continuously makes efforts to reduce their carbon footprint. Lebermuth also works with farmers that are dedicated to incorporating green technology, including using less water for plant growth, utilizing solar panels, and encouraging the use of fuels that reduce their carbon output. As a member of the ACHS Aromatherapy PAC, Rob provides important insights into trends and workforce needs in the aromatherapy industry.



# Herbal Medicine Department

## Jessica Baker, MS, L.Ac.

Jessica Baker is an Author, Acupuncturist, Herbalist, Aromatherapy and Educator. Jessica began studying herbal medicine in 1999 at the Dandelion Herbal Center. In 2001, she had the opportunity to complete a Community Herbalist Certification Program with Christopher Hobbs, LAc in Southern Oregon. In his program, she was introduced to Traditional Chinese Medicine diagnostic techniques, theories and herbs. This was the catalyst for her study of TCM at Five Branches University in Santa Cruz, CA where she received a Masters Degree in Traditional Chinese Medicine. Jessica holds a Diplomate in Oriental Medicine through the NCCAOM and is a Licensed Acupuncturist in California and Colorado. While pursuing her Masters Degree she studied Medical Qi Gong and became certified as a Medical Qi Gong Practitioner. She has studied Medical Aromatherapy through the Pacific Institute of Aromatherapy and with Jeffrey Yuen. She is a certified Acudetox Specialist (ADS) through NADA and has worked extensively with Veterans and others with PTSD. As a Continuing Education Provider to Acupuncturists she has the opportunity to share the importance of traditional medicine to both healthcare professionals and laypeople. Jessica's passionate about sharing the messages of the plants through classes on Aromatherapy, Herbalism and Chinese Medicine. Jessica has taught at several herbal symposiums and Acupuncture conferences throughout the U.S.

## Mindy Green, AHG, RA

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# Integrative Health & Nutrition

## Kathleen Bell , RN, MSN, CNM, AHN-BC™

Kathleen Bell has been a practicing nurse for 50 years in the areas of midwifery, education, integrative health and holism. She has a Master's degree in nursing and multiple certificates in healthcare modalities. She is trained in Primordial Sound Meditation and Ayurvedic principles for health/dietary practices and has attained the second degree Usui Reiki practitioner certificate. She currently teaches at the Integrative Healing Arts Program for the American Holistic Nurses Association and is co-author of the book, Empty Plate: Food, Sustainability, Mindfulness.

## Diane Borders, MS

Diane Borders is a graduate of the ACHS MS in Complementary Alternative Medicine program (now the MS in Integrative Health Sciences). Diane worked in the government arena and private sector in contracts, project controls, budget formulation, and database design for nearly 20 years before pursuing a career in integrative health and wellness. Diane is now Founder and CEO of New Mutant, LLC, a consulting practice focused on educating clients about DNA, the methylation pathway, and genetic single nucleotide polymorphisms (SNP). The methylation pathway is important in maintaining wellness. Mental illness, neurological disorders, heart disease, stroke risk, diabetes, and much more are tied to mutations on this pathway.

## Jeff Dorsett, MSHS

Jeff was awarded his Master of Science in Health Sciences from Trident University International with a focus on clinical research administration. He has nearly two decades of research and product development experience within the dietary supplement industry. He is highly skilled in literature reviews, evaluating scientific research for product development and claim substantiation, and is well versed in the regulations that govern the food and dietary supplement industries. He has extensive experience with FTC, FDA and DSHEA compliance; product labeling; claims development and substantiation. Jeff is currently the Director Research and Science at ProCaps Laboratories that manufactures and sells vitamins and nutritional supplements. As the Director of Research and Science at ProCaps Laboratories, he is involved in the development and manufacture of vitamins and nutritional supplements. He has been



instrumental in developing alignment with students in higher educational institutions in order to provide them with projects to explore their educational pursuits.

## Bianca Garilli, ND, IFMCP

Bianca Garilli is a former US Marine turned practicing Naturopathic Doctor and certified in Functional Medicine (IFMCP). Dr. Garilli works in private practice in Northern California and consults with Naturopathic, Integrative and Functional Medicine leaders, including the Institute for Functional Medicine and Metagenics. Bianca is Senior Program Manager & Clinical Liaison at IFM and she is passionate about optimizing health and wellness in individuals, families, companies, and communities. Dr. Garilli has been on staff at the University of California, Irvine, Susan Samueli Center for Integrative Medicine and Hawthorn University. Determined to bring her past military experience together with her medical background, Dr. Garilli leads various projects involving military and veteran healthcare and continues to look for ways to improve health outcomes in our nation's warriors. Dr. Garilli lives in Northern California with her husband and two children enjoying gardening, kids' athletic activities, cooking, reading, and camping.

## Dorothy Germano, Ph.D., Former President and CAO Hawthorn University

Dr. Dorothy Germano received a Master of Arts degree in Psychology from Adelphi University and a Doctorate in Educational Leadership from Touro University International, completely online. In addition to her professional degrees, she is a member of Phi Theta and Phi Beta Kappa Honor Societies and has won numerous awards for excellence in education and community service. Dr. Germano has held both faculty and administrative positions at SUNY Farmingdale, Briarcliffe College, and Hofstra University. She held a dean's position for over nine years and was head of a college campus for over six years.

## Lisa Powell, MS, Grad.Cert. Nut.

Lisa Powell earned the ACHS MS in Complementary Alternative Medicine (now the MS in Integrative Health Sciences). She has also earned additional graduate certificates from ACHS in Holistic Nutrition, Aromatherapy, Botanical Safety, and Anatomy and Physiology. Lisa is also Board Certified in Holistic Nutrition® through the National Association of Nutrition Professionals.



As a Vitality Expert, Lisa Powell merges her experience as a scholar in Complementary Alternative Medicine, (with a focus on Mind-Body Medicine), a Functional Diagnostic Nutrition Practitioner® (FDN), and a Health Educator to doctors. Her career has been defined by a broad understanding of all levels of integrative health practices.

Lisa brings a unique offering to the table by looking at mind-body components, when helping people improve their health span, so they can add more life to their years.

### Doug Rosendale, PhD.

Dr. Doug Rosendale received a PhD in Engineering and Technology from Massey University and a Master of Science degree in Biological Sciences from The University of Auckland. As the Chief Science Officer at Anagenix, Dr. Rosendale helps to communicate the biomedical science behind Anagenix products. He has over 20 years of postgraduate research, publishing and student supervisory experience in academia and industry.