Nutrition State Law Disclosures

Where to go for information about holistic nutrition laws and regulations in your state

Lisa Easler | @achsedu
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ABSTRACT

If you are interested in pursuing a career in nutrition or dietetics, you should consult with the appropriate state board to ensure that your credentials will allow you to achieve your professional goals. Many states have enacted laws that regulate the practice of dietetics and nutrition services. In this white paper, you'll find a summary of the state law requirements pertaining to the practice of nutrition and dietetics. Within some of the states with licensure requirements, it is possible to provide nutrition-related services without a license if the service provider stays within the parameters of the law and its exceptions. In some states, it is a violation of state law to practice “dietetics” without a license; while in other states, it is illegal only if an unlicensed practitioner calls him/herself a “dietitian” or “nutritionist.” The nutrition-related services allowed or prohibited in your state must be determined by careful review of the language of your state’s law.
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Lisa has a B.A. in Psychology and an M.A. in Counseling from the University of South Florida, and a J.D. from the University of Florida Levin College of Law. She is a member of both the Oregon State Bar and the Florida Bar, and has several years’ experience in counseling, litigation, compliance, management, and advocating for holistic health.

DISCLOSURE OF MATERIAL CONNECTION

I am the Human Resources Manager, GMP Compliance Director, and Title IX Coordinator at American College of Healthcare Sciences, an accredited Institute of Higher Learning that offers undergraduate and graduate certificates, diplomas, and degrees in Holistic Nutrition, along with many other integrative and complementary health modalities. However, all opinions in this white paper are my own. I am disclosing this in accordance with the Federal Trade Commission’s 16 CFR, Part 255: “Guides Concerning the Use of Endorsements and Testimonials in Advertising.”

This white paper is for informational purposes only and represents my personal opinion. It is not intended to make any representations nor solicit, treat, diagnose, cure, or prevent disease. Always consult with a local attorney and your state regulatory agencies regarding the scope of practice permitted and licensing requirements in your state.
BACKGROUND

As you explore your holistic nutrition career opportunities, there are some great resources that will help you in your research. There are also professional organizations that provide support for holistic nutrition credentialing and access to benefits like practitioner liability insurance.

You'll find a wealth of information about legal issues that impact nutrition professionals at the Center for Nutrition Advocacy’s website online at http://www.nutritionadvocacy.org. This site expands on the state requirements included in this white paper and provides opportunities for you to get involved and become an advocate for holistic nutrition career pathways and credentialing.

For holistic nutrition credentialing, ACHS graduates of qualifying programs are eligible for professional membership to the National Association of Nutrition Professionals (NANP) and to apply to sit the Holistic Nutrition Credentialing Board’s (HNCB) examination to become “Board Certified in Holistic Nutrition.” Graduates of qualifying programs may also be eligible for the advanced credential “Certified Nutrition Professional” through the National Association of Nutrition Professionals (NANP).

Disclaimer: The information published in this white paper is provided in good faith and is believed to be true and correct as of the date of publication. Please contact your state board directly for the most current information. Also, this information does not constitute legal advice. This is a preliminary interpretation of language of state statutes and cannot substitute for legal counsel.
STATE-BY-STATE NUTRITION PRACTICE GUIDANCE

Alabama

Alabama requires licensure for professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in Alabama. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in Alabama.

The law, however, specifies very limited exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Alabama’s dietetics and nutrition board to determine any practice restrictions.

Alabama Board of Examiners for Dietetic/Nutrition Practice
400 South Union Street, Suite 445
Montgomery, AL  36104
334.242.4505
www.boed.alabama.gov

Alaska

Alaska does not require licensure to provide nutrition services within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Alaska may engage in a variety of nutrition-related services without licensure.

The state, however, does offer licensure to nutritionists who meet their licensure standards. (See Chapter 38 of the Alaska Statutes, Section 08.38.030.) A nutritionist license based on education requires that the applicant receive at least a master’s degree from an accredited college and complete at least 900 hours of documented work experience in human nutrition. One must be licensed to use a professional title that includes either “Nutritionist” or “Dietitian.”

ACHS is nationally accredited and its accreditation is recognized by the U.S. Department of Education. Even so, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Alaska’s Division of Occupational Licensing for any specific professional restrictions.

State of Alaska
Department of Commerce, Community, and Economic Development
Division of Occupational Licensing
Post Office Box 110806
Arizona

Arizona has no licensure law or other restrictions relating to working as a nutritionist within the state. ACHS’s nutrition degree will provide you with the knowledge required to get you started on a career in nutrition.

Arizona is a Health Freedom state. Read the regulation carefully.

Arkansas

Arkansas does not require licensure to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Arkansas may engage a wide variety of nutrition-related services without licensure.

One must be licensed by the state, however, to use a title that includes “dietitian,” and ACHS’s nutrition degree does not allow you to obtain licensure as a dietitian in Arkansas. If you have questions about licensure in Arkansas, please contact the state’s dietetic licensing board.

Arkansas Dietetics Licensing Board
Post Office Box 1016
North Little Rock, AR 72115
501.580.9294
arkansasdiet@earthlink.net
www.ardieteticslicbrd.net

California

California does not require licensure to provide non-medical, nutritional services within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in California may provide a wide variety of nutrition-related services without licensure.

One must be licensed by the state, however, to use the titles “Registered Dietitian,” “Dietitian,” or “Dietetic Technician,” and ACHS’s nutrition degree does not allow you to obtain licensure as a dietitian in California. If you have questions about licensure in California, please contact the state’s dietetic licensing board.
California is a Health Freedom state. Read the regulation carefully.

Please note: No direct contact information is listed as the Board’s duties are outsourced to [http://www.eatright.org/](http://www.eatright.org/) of the Academy of Nutrition and Dietetics.

**Colorado**

Colorado has no licensure law or other restrictions relating to working as a nutritionist within the state. ACHS’s nutrition degree will provide you with the knowledge required to get you started on a career in nutrition.

Colorado is a Health Freedom state. Read the regulation carefully.

**Connecticut**

Connecticut does not require certification to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Connecticut may engage in a wide variety of nutrition-related services without state certification.

One must be certified by the state, however, to use the titles “Certified Dietitian-Nutritionist,” “Connecticut Certified Dietitian,” and “Connecticut Certified Nutritionist,” and ACHS’s nutrition degree does not allow you to obtain state certification in Connecticut. If you have questions about certification in Connecticut, please contact the state’s dietetic certification board.

Connecticut Department of Public Health
Dietitian-Nutritionist Certification
410 Capitol Avenue, MS #12 APP
Post Office Box 340308
Hartford, CT 06134
860.509.7603
opl.dph@ct.gov
www.ct.gov/dph

**Delaware**

Delaware requires licensure to professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in Delaware. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in Delaware.

The law, however, specifies a few exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Delaware’s
dietetics and nutrition board to determine any practice restrictions and understand exceptions.

Division of Professional Regulation
Delaware State Board on Dietetics/Nutrition
861 Silver Lake Blvd, Suite 203
Dover, DE 19904
302.744.4500
customerservice.dpr@state.de.us
www.dpr.delaware.gov/boards/dietitians

**District of Columbia**

Washington, D.C., requires licensure for professionals providing nutrition services within the state. One must be licensed in order to practice as a nutritionist in D.C.

Licensure requires, among other things, that the applicant have a minimum of a Bachelor’s degree in a nutrition-related field of study from an accredited school and recognized by the Secretary of the U.S. Department of Education, and ACHS is recognized as such.

Even so, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Washington, D.C.’s dietetics and nutrition board to determine any practice restrictions.

Dietetics and Nutrition Licensing Board
The Department of Health
899 North Capitol Street, NE
Washington, D.C. 20002
877.672.2174
202.442.5955
doh@dc.gov
http://doh.dc.gov/node/146182

**Florida**

Florida requires licensure for professionals providing nutrition services within the state. One must be licensed in order to practice as a nutritionist in Florida. Therefore in Florida it is illegal to perform individualized nutrition counseling unless licensed or exempt.

Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Florida’s Dietetic & Nutrition Practice Council to determine any practice restrictions.
Florida Dietetic & Nutrition Practice Council  
4052 Bald Cypress Way, BIN-CO5  
Tallahassee, FL 32399-3255  
850.245.4373 ext. 3475  
mqa.dieteticsnutrition@flhealth.gov  

Georgia

Georgia does not offer licensure as a nutritionist, but instead offers licensure only as a dietitian to professionals providing nutrition services within the state. One must be licensed to practice as a dietitian in Georgia. An ACHS nutrition degree does not allow you to obtain licensure as a dietitian in Georgia.

The law, however, specifies very limited exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Georgia’s dietetics board to determine any practice restrictions.

Board of Examiners of Licensed Dietitians  
237 Coliseum Drive  
Macon, GA 31217-3858  
478.207.2440  
http://sos.ga.gov/index.php/licensing/plb/19

Hawaii

Hawaii does not require state licensure to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Hawaii may engage in a wide variety of nutrition-related services without licensure.

One must be licensed by the state, however, to use a title that includes “dietitian,” and ACHS’s nutrition degree does not allow you to obtain licensure as a dietitian in Hawaii. If you have questions about state licensure in Hawaii, please contact the state’s dietetic licensing board.

Office of Health Care Assurance  
601 Kamokila Boulevard, Room 361  
Kaplei, HI 96707  
808.692.7400  
http://eattrighthawaii.org/for-members/licensure

Idaho
Idaho does not require state licensure to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Idaho may engage in a wide variety of nutrition-related services without licensure.

One must be licensed by the state, however, to use a title that includes “dietitian,” and ACHS’s nutrition degree will not allow you to obtain licensure as a dietitian in Idaho. If you have questions about licensure in Idaho, please contact the state’s dietetic licensing board.

Idaho is a Health Freedom state. Read the regulation carefully.

Idaho Board of Medicine  
Post Office Box 83720  
Boise, ID 83720-0058  
208.327.7000  
info@bom.idaho.gov  
www.bom.idaho.gov

**Illinois**

Illinois requires state licensure to professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in Illinois. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in Illinois.

The law, however, specifies a few exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Illinois’s Dietitian Nutritionist Practice Board to determine any practice restrictions.

Department of Financial and Professional Regulation  
320 West Washington, 3rd Floor  
Springfield, IL 62786  
888.473.4858  

**Indiana**

Indiana does not require certification to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Indiana may engage in a wide variety of nutrition-related services without certification.

One must be certified by the state, however, to use a title that includes “Certified Dietitian,” and ACHS’s nutrition degree does not allow you to obtain certification
as a dietitian in Indiana. If you have questions about licensure in Indiana, please contact the state’s dietetic licensing board.

Indiana Professional Licensing Agency  
402 W. Washington Street, Room 072  
Indianapolis, IN 46204  
317.234.2060  
pla3@pla.in.gov  
www.in.gov/pla/diet.htm

**Iowa**

Iowa requires state licensure to professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in Iowa. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in Iowa.

The law, however, specifies a few exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Iowa’s dietetics board to determine any practice restrictions.

Iowa Board of Dietetics
Bureau of Professional Licensure
Lucas State Office Building
321 East 12th Street, 5th Floor
Des Moines, IA 50319-0075
515.281.7689
https://idph.iowa.gov/Licensure/Iowa-Board-of-Dietetics

**Kansas**

Kansas does not offer state licensure as a nutritionist, but instead offers licensure only as a dietitian to professionals providing nutrition services within the state. One must be licensed to practice as a dietitian in Kansas. An ACHS nutrition degree does not allow you to obtain licensure as a dietitian in Kansas.

The law, however, specifies very limited exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Kansas’s dietetics board to determine any practice restrictions.

Health Occupations Credentialing
612 S Kansas Avenue
Topeka, KS 66603-3404
Kentucky

Kentucky requires certification for nutritionists providing nutrition services within the state. One must be certified to practice as a nutritionist in Kentucky. An ACHS nutrition degree does not allow you to obtain certification as a nutritionist in Kentucky.

The law, however, specifies a relatively broad exception allowing one to engage in certain nutrition-related services without certification. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Kentucky’s dietetics and nutrition board to determine any practice restrictions.

Kentucky Board of Licensure and Certification for Dietitians and Nutritionists
911 Leawood Drive
Frankfort, KY 40601
502.782.8814, ext. 222
http://www.bdn.ky.gov/Pages/default.aspx

Louisiana

Louisiana requires state licensure for professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in Louisiana. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in Louisiana.

The law, however, specifies a relatively broad exception allowing one to engage in certain nutrition-related services without licensure. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Louisiana’s dietetics and nutrition board to determine any practice restrictions.

Louisiana is a Health Freedom state. Read the regulation carefully.

Louisiana State Board of Examiners in Dietetics and Nutrition
18550 Highland Road, Suite B
Baton Rouge, LA 70809
225.756.3490
admin@lbedn.org
www.lbedn.org
**Maine**

Maine does not offer licensure as a nutritionist, but instead offers licensure only as a dietitian for professionals who provide nutrition services within the state. One must be licensed to practice as a dietitian in Maine. An ACHS nutrition degree does not allow you to obtain licensure as a dietitian in Maine.

The law, however, specifies limited exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Maine’s dietetics board to determine any practice restrictions.

Board of Licensing of Dietetic Practice  
Division of Licensing and Registration  
#35 State House Station  
Augusta, ME 04333-0035  
207.624.8626  

**Maryland**

Maryland requires state licensure for professionals providing nutrition services within the state. One must be licensed in order to practice as a nutritionist in Maryland.

Licensure requires, among other things, that the applicant have a minimum of a Bachelor’s degree in a nutrition-related field of study from a school accredited by an agency recognized by the Council on Higher Education and Accreditation, and ACHS is recognized as such. Even so, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Maryland’s dietetics board to determine any practice restrictions.

State Board of Dietetic Practice  
Department of Health & Mental Hygiene  
4201 Patterson Avenue  
Baltimore, MD 21215-2299  
410.767.6500  
http://dhmh.maryland.gov/dietetic/Pages/Index.aspx

**Massachusetts**

Massachusetts does not require licensure to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Massachusetts may engage in a wide variety of nutrition-related services without licensure.
One must be licensed by the state, however, to use a title that includes “licensed.” Licensure requires, among other things, that the applicant have a minimum of a Bachelor’s degree in a nutrition-related field of study from a school accredited by an organization that is recognized by the U.S. Department of Education, and ACHS is recognized as such. If you have questions about licensure in Massachusetts, please contact the state’s board of nutritionists.

Massachusetts Board of Dietitians and Nutritionists
Division of Professional Licensure
1000 Washington Street, Suite 710
Boston, MA 02118-6100
617.727.9940
christine.garner@state.ma.us
http://www.mass.gov/ocabr/licensee/dpl-boards/nu/

**Michigan**

Michigan has no licensure law or other restrictions relating to working as a nutritionist within the state. ACHS’s nutrition degree will provide you with the knowledge required to get you started on a career in nutrition.

**Minnesota**

Minnesota requires licensure for professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in Minnesota. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in Minnesota.

The law, however, specifies some limited exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Minnesota’s dietetics and nutrition board to determine any practice restrictions.

Minnesota is a Health Freedom state. Read the regulation carefully.
https://www.revisor.mn.gov/statutes/?id=146A.11

Board of Dietetics and Nutrition Practice
2829 University Avenue SE, Suite 402
Minneapolis, MN 55414
651.201.2762
board.dietetics-nutrition@state.mn.us
http://mn.gov/boards/dietetics-and-nutrition/

**Mississippi**
Mississippi requires licensure for professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in Mississippi. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in Mississippi.

The law, however, specifies very limited exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Mississippi dietetics and nutrition board to determine any practice restrictions.

Mississippi State Department of Health
Professional Licensure
Post Office Box 1700
143B Lefleur’s Square
Jackson, MS 39215-1700
601.364.7360
http://msdh.ms.gov/msdhsite/_static/30,0,82.html

Missouri

Missouri does not offer licensure as a nutritionist, but instead offers licensure only as a dietitian for professionals providing nutrition services within the state. One must be licensed to practice as a dietitian in Missouri. An ACHS nutrition degree does not allow you to obtain licensure as a dietitian in Missouri.

The law, however, specifies some exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Missouri’s dietetics committee to determine any practice restrictions.

Missouri State Committee of Dietitians
3605 Missouri Blvd
Post Office Box 1335
Jefferson City, MO 65102
573.522.3438
diet@pr.mo.gov
www.pr.mo.gov/dietitians.asp

Montana

Montana requires licensure for professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in Montana. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in Montana.
The law, however, specifies limited exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Montana’s dietetics and nutrition board to determine any practice restrictions.

**Nebraska**

Nebraska requires that one be licensed by the state as a Medical Nutrition Therapist to provide “medical nutritional therapy,” but it does not require licensure to provide limited types of nutrition-related services within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Nebraska may engage in only those practices that are exempted from the Medical Nutrition Therapist’s scope of practice as outlined in the state statutes. (See NE Code § 38-1812 (2014).)

If you are interested in working in Nebraska, contact Nebraska’s dietetics board to determine specific practice restrictions and licensure requirements.

**Nevada**

Nevada does not offer licensure for nutritionists, but instead offers licensure only as a dietitian to professionals who provide nutrition services within the state. One must be licensed to practice as a dietitian in Nevada. An ACHS nutrition degree does not allow you to obtain licensure as a dietitian in Nevada.
The law, however, specifies a broad exception that allows one to engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Nevada’s dietetics board to determine relevant practice restrictions.

Nevada is a Health Freedom state. Read the regulation carefully.

Nevada Division of Public and Behavioral Health
Dietitian Licensing Unit
727 Fairview Drive, Suite E
Carson City, NV 89701
775.684.1030
individuallicensing@health.nv.gov
http://dpbh.nv.gov/Reg/Dietitian/Dietitian_-_Home/

New Hampshire

New Hampshire does not require licensure to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in New Hampshire may engage in a wide variety of nutrition-related services without licensure.

One must be licensed by the state, however, to use any title that includes “dietitian,” and ACHS’s nutrition degree does not allow you to obtain licensure as a dietitian in New Hampshire. If you have questions about licensure or nutritionist practice in New Hampshire, please contact the state’s dietetic licensing board.

New Hampshire Board of Licensed Dietitians
Office of Professional Licensure and Certification
Philbrook Building
121 South Fruit Street
Concord, NH 03301
603.271.0602
www.dhhs.state.nh.us/oos/blc/dietitian

New Jersey

New Jersey has no licensure law or other restrictions relating to working as a nutritionist within the state. ACHS’s nutrition degree will provide you with the knowledge required to get you started on a career in nutrition.

New Mexico

New Mexico requires licensure for professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in New Mexico.
An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in New Mexico.

The law, however, specifies some exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact New Mexico’s nutrition and dietetics board to determine any practice restrictions.

New Mexico is a Health Freedom state. Read the regulation carefully.

Nutrition & Dietetic Practice Board  
Post Office Box 25101  
Santa Fe, NM 87505  
505.476.4622  
nutritiondieteticsbd@state.nm.us  
www.rld.state.nm.us/boards/Nutrition_and_Dietetics.aspx

New York

New York does not require certification to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in New York may engage in a wide variety of nutrition-related services without certification. One must be certified by the state, however, to use a title that includes “Certified Nutritionist.”

Certification requires, among other things, that the applicant have a minimum of a Bachelor’s degree in a nutrition-related field of study from a school accredited by an organization that is recognized by the U.S. Department of Education, and ACHS is recognized as such. If you have questions about certification in New York, please contact the state’s nutrition board.

State Board for Dietetics and Nutrition  
Education Building West Wing 2nd Floor  
89 Washington Avenue  
Albany, NY 12234  
518.486.4846  
dietbd@nysed.gov  
http://www.op.nysed.gov/prof/diet/

North Carolina

North Carolina requires licensure for professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in North Carolina. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in North Carolina.
The law, however, specifies very limited exceptions where one could engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact North Carolina’s dietetics and nutrition board to determine any practice restrictions.

North Carolina Board of Dietetics and Nutrition  
140 Preston Executive Drive, Suite 205-C  
Cary, NC 27513  
919.388.1931  
info@ncbdn.org  
www.ncbdn.org

North Dakota

North Dakota requires licensure for professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in North Dakota. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in North Dakota.

The law, however, specifies limited exceptions that may allow one to engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact North Dakota’s dietetics and nutrition board to determine any practice restrictions.

North Dakota Board of Dietetic Practice  
2304 Jackson Avenue  
Bismarck, ND 58501  
701.838.0218  
execsec@ndbodp.com  
www.ndbodp.com

Ohio

Ohio does not offer licensure as a nutritionist, but instead offers licensure only as a dietitian to professionals providing nutrition services within the state. One must be licensed to practice as a dietitian in Ohio. An ACHS nutrition degree does not allow you to obtain licensure as a dietitian in Ohio.

The law, however, specifies very limited exceptions that may allow one to engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Ohio’s dietetics board to determine relevant practice restrictions.

Ohio Board of Dietetics  
77 S. High Street, 18th Floor  
Columbus, OH 43215-6119
Oklahoma

Oklahoma does not require licensure to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Oklahoma may engage in a wide variety of nutrition-related services without licensure.

One must be licensed by the state, however, to use a title that includes “dietitian,” and ACHS’s nutrition degree does not allow you to obtain licensure as a dietitian in Oklahoma. If you have questions about licensure in Oklahoma, please contact the state’s dietetic licensing board.

Oklahoma is also a Health Freedom state. Read the regulation carefully.

Oklahoma Board of Medical Licensure and Supervision
Post Office Box 18256
101 NE 51st Street
Oklahoma City, OK 73154-0256
405.962.1400
www.okmedicalboard.org/dietitians

Oregon

Oregon does not require licensure to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Oregon may engage in a wide variety of nutrition-related services without licensure.

One must be licensed by the state, however, to use a title that includes “licensed dietitian,” and ACHS’s nutrition degree does not allow you to obtain licensure as a dietitian in Oregon. If you have questions about licensure in Oregon, please contact the state’s dietetic licensing board.

Board of Examiners of Licensed Dietitians
700 Summer Street NE, Suite 320
Salem, OR 97301-1287
503.378.8667
hlo.info@state.or.us
Pennsylvania

Pennsylvania does not require licensure to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Pennsylvania may engage in a wide variety of nutrition-related services without licensure.

One must be licensed by the state, however, to use a title that includes “licensed dietitian-nutritionist,” and ACHS’s nutrition degree does not allow you to obtain licensure as a dietitian-nutritionist in Pennsylvania. If you have questions about licensure in Pennsylvania, please contact the state’s dietetic licensing board.

Pennsylvania State Board of Nursing*
Post Office Box 2649
Harrisburg, PA 17105
717.783.7142
ST-NURSE@pa.gov

*R dietetics practice regulated by State Board of Nursing: [http://www.pacode.com/secure/data/049/chapter21/subchapgtoc.html](http://www.pacode.com/secure/data/049/chapter21/subchapgtoc.html)

Rhode Island

Rhode Island requires licensure for professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in Rhode Island. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in Rhode Island.

The state law, however, specifies exceptions that may allow one to engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Rhode Island’s dietetics and nutrition board to determine any practice restrictions.

Rhode Island is a Health Freedom state. Read the regulations carefully.

Health Professions Regulation
Rhode Island Department of Health
3 Capitol Hill, Room 105
Providence, RI 02908-5097
401.222.5888
Alana.Rodriguez@health.ri.gov
http://health.ri.gov/licenses/detail.php?id=222
South Carolina

South Carolina does not require licensure to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in South Carolina may engage in a wide variety of nutrition-related services without licensure.

One must be licensed by the state, however, to use a title that includes “dietitian,” and ACHS’s nutrition degree does not allow you to obtain licensure as a dietitian in South Carolina. If you have questions about licensure in South Carolina, please contact the state’s dietetic licensing board.

South Carolina Panel for Dietetics
Synergy Business Park
Kingstree Building
110 Centerview Drive, Suite 306
Columbia, SC 29210
803.896.4651
Contact.Dietetics@llr.sc.gov
www.llr.state.sc.us/POL/Dietetics

South Dakota

South Dakota requires licensure for professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in South Dakota. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in South Dakota.

The law, however, specifies very limited exceptions that may allow one to engage in nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact South Dakota’s licensure board to determine any practice restrictions.

South Dakota Board of Medical and Osteopathic Examiners
101 N Main Avenue, Suite 301
Sioux Falls, SD 57104
605.367.7781
http://www.sdbmoe.gov/content/licensed-nutritionistdietitian-In

Tennessee

Tennessee requires licensure for professionals providing nutrition services within the state. One must be licensed to practice as a nutritionist in Tennessee. An ACHS nutrition degree does not allow you to obtain licensure as a nutritionist in Tennessee.
The law, however, specifies exceptions that may allow one to engage in non-medical nutrition-related services without a license. Thus, to assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Tennessee’s nutritionist board to determine any practice restrictions.

Board of Dietitian/Nutritionist Examiners
665 Mainstream Drive, 2nd Floor
Nashville, TN 37243
615.741.3807
doh.helpdesk@tn.gov
https://www.tn.gov/health/topic/DN-board

Texas

Texas does not require licensure to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Texas may engage in a wide variety of nutrition-related services without licensure.

One must be licensed by the state, however, to use a title that includes “licensed dietitian,” and ACHS’s nutrition degree does not allow you to obtain licensure as a dietitian in Texas. If you have questions about licensure in Texas, please contact the state’s dietetic licensing board.

Texas State Board of Examiners of Dietitians
Texas Dept. of State Health Services
Mail Code 1982
Post Office Box 149347
1100 West 49th Street
Austin, TX 78714
512.834.6601
dietitian@dshs.state.tx.us
www.dshs.state.tx.us/dietitian

Utah

Utah does not require licensure to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Utah may engage in a wide variety of nutrition-related services without licensure.

One must be licensed by the state, however, to use a title that includes “dietitian,” and ACHS’s nutrition degree does not allow you to obtain licensure as a dietitian in Utah. If you have questions about licensure in Utah, please contact the state’s dietetic licensing board.
Division of Occupational and Professional Licensing  
Utah Dietitian Licensing Board  
Post Office Box 146741  
160 East 300 South  
Salt Lake City, UT 84114  
801.530.6767  
http://www.dopl.utah.gov/licensing/certified_dietitian.html

Vermont

Vermont does not require licensure to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition nutritionist working in Vermont may engage in a wide variety of nutrition-related services without licensure.

One must be certified by the state, however, to use a title that includes “Certified Dietitian,” and ACHS’s nutrition degree does not allow you to obtain certification as a dietitian in Vermont. If you have questions about certification in Vermont, please contact the state’s office of professional regulation.

Office of Professional Regulation  
89 Main Street, 3rd Floor  
Montpelier, VT 05620-3402  
802.828.1501  
Danielle.Rubalcaba@sec.state.vt.us

Virginia

Virginia does not offer or require licensure to those providing nutrition counseling or advice within the state. A practitioner working in Virginia may engage in a wide variety of nutrition-related services.

A practitioner must meet the state’s legal standard, however, to use a title that includes “nutritionist” or “dietitian,” and ACHS’s nutrition degree may not meet Virginia’s legal requirements for the protected titles. If you have questions about practicing in Virginia, please contact the state’s department of health.

Virginia Dept. of Health Professions  
9960 Mayland Drive, Suite 300  
Henrico, VA 23233-1463  
804.367.4403  
bhp@dhp.virginia.gov  
https://www.dhp.virginia.gov/bhp/bhp_faq.htm
Washington

The ACHS Master of Science in Holistic Nutrition meets the requirements set out in WAC 246-822-130 for nutritionist certification in Washington. If you have questions about certification in Washington, please contact the state’s department of health.

Washington Health Systems Quality Assurance
Post Office Box 47877
Olympia, WA 98504-7877
360.236.4700
hsqa.csc@doh.wa.gov
http://www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewReneworUpdate/DietitianandNutritionist

West Virginia

West Virginia does not offer licensure as a nutritionist, but instead offers licensure only as a dietitian to professionals providing nutrition services within the state. One must be licensed to use the title “dietitian” or “licensed dietitian” and to practice as a dietitian in West Virginia. An ACHS nutrition degree does not allow you to obtain licensure as a dietitian in West Virginia.

West Virginia’s law contains no explicit prohibition against an unlicensed practitioner from providing general nutrition information, and thus, one may be able to provide nutrition-related services without a license. To assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact West Virginia’s authorized dietetics board to determine relevant practice restrictions.

West Virginia Board of Licensed of Dietitians
723 Kanawha Blvd East
Room 105 - Union Building
Charleston, WV 25301
304.558.1024 or 800.293.9832
nancy.l.hill@wv.gov
www.wvbolt.com

Wisconsin

Wisconsin does not require certification to provide nutrition counseling or advice within the state. An ACHS graduate of the Master of Science in Holistic Nutrition
nutritionist working in Wisconsin may engage in a wide variety of nutrition-related services without certification.

One must be certified by the state, however, to use the titles “Dietitian” or “Certified Dietitian,” and ACHS’s nutrition degree does not allow you to obtain dietetic certification in Wisconsin. If you have questions about certification in Wisconsin, please contact the state’s credentialing board.

Tom Ryan, Bureau Director
Department of Regulation and Licensing
Dietitians Affiliated Credentialing Board
1400 East Washington Avenue
Post Office Box 8935
Madison, WI 53708-8935
608.266.2112
dsp@wisconsin.gov
http://dsps.wi.gov/Default.aspx?Page=fd0c76b5-1bc2-4e49-a7b5-ad9d9c2a152f

Wyoming

Wyoming does not offer licensure as a nutritionist, but instead offers licensure only as a dietitian to professionals providing nutrition services within the state. One must be licensed to practice as a dietitian in Wyoming. An ACHS nutrition degree does not allow you to obtain licensure as a dietitian in Wyoming.

The law, however, states that there is no licensure requirement for providing general, non-medical nutrition information, and thus, one may be able to provide limited nutrition-related services without a license. To assure that ACHS’s nutrition degree will help you achieve your professional goals, please contact Wyoming’s dietetics board to determine relevant practice restrictions.

Brenda Cowley
Dietetics Licensing Board
2001 Capitol Avenue
Emerson Building, Room 104
Cheyenne, WY 82002
Phone: 307.777.7387
Brenda.Cowley@wyo.gov
http://plboards.state.wy.us/dietetics/index.asp
CONCLUSION

As you can see, each state has a very different set of rules and regulations surrounding the practice of nutrition, and it is your responsibility to know your own state’s current regulatory requirements. Again, I cannot stress enough that you should always check with your state before embarking on any nutritional career pathway.

Take the time to call and consult with the appropriate state board to ensure that your credentials will allow you to achieve your professional goals. While this white paper provides information on which states an ACHS graduate of the Master of Science in Holistic Nutrition nutritionist may engage in nutrition-related services without state licensure, I highly encourage practicing only to the level of your training.

As mentioned in the introduction, the information published in this white paper is provided in good faith and is believed to be true and correct as of the date of publication. Changes, however, are always on the horizon; bills are regularly introduced for new laws and to amend existing laws, and this usually happens October through May. Therefore, I encourage you to check the website http://www.nutritionadvocacy.org regularly and to take the time to carefully read your state’s nutrition law.

If you live in a state with no regulation, keep up to date on any attempts to change the law. If you are in a state where there is title protection, do not use any restricted titles such as “Nutritionist” or “Dietitian.” If your state has exclusive scope restrictions, do not engage in individualized nutritional advice such as assessment or counseling, and do start to lobby for Health Freedom. Changing the law is possible, so get involved!
RESOURCES

Center for Nutrition Advocacy
http://www.nutritionadvocacy.org/

Health Freedom
https://nationalhealthfreedom.org/

Health Freedom Laws
https://nationalhealthfreedom.org/info-center/health-freedom-laws-passed/health-freedom-laws

National Association of Nutrition Professionals
P.O. Box 348028
Sacramento, CA 95834
Phone: (800) 342-8037
Fax: (510) 580-9429
Website: http://www.nanp.org
FOR MORE INFORMATION

For more information, visit the ACHS Health & Wellness Blog for timely articles on nutrition and the holistic nutrition industry at: http://info.achs.edu/blog

You can also find short, easy-to-follow trainings on a variety of health and wellness and industry related topics in the ACHS Continuing Education (CE) Library here: https://achs.edu/courses?course_level_target_id=1047

I recommended the related CE course on How to Practice Herbalism Legally in the U.S., available here: https://achs.edu/course/how-practice-herbal-medicine-legally-us

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For questions about this paper, please contact communications@achs.edu.