

ACHS Program Advisory Council Bios



Aromatherapy & Spa Management

Mikki Anderson, Cert. Aroma.

Mikki Anderson is a clinical massage therapist and clinical aromatherapist specializing in prenatal massage and has a clinic in Laguna Hills, CA. In addition to her clinical practice, Mikki provides education to healthcare professionals and started the massage program at St. Joseph's Mission Hospital, where she also serves as a community prenatal and labor massage educator.

Dr. Arlene Kestner, PhD

Following graduation from Cottey College (Nevada, MO), Arlene Kestner attended the University of Illinois-Urbana graduating with a Bachelor of Science degree in Psychology. She pursued graduate studies in Experimental Psychology at Bradley University (Peoria, IL). Following two years of employment as a psycho-pharmacologist, Kestner came to Baton Rouge (Louisiana) to complete her graduate education at Louisiana State University. She holds a Ph.D. in Psychology with an Experimental Physiological Psychology specialty. Dr. Kestner is a professor emeritus at Southern University in Baton Rouge, Louisiana and has conducted extensive research into the psychological effects of essential oils.

Geraldine DePaula, MD

Founder and President of Aroma Medica, Dr. DePaula is a respected educator and researcher. She is also a board certified psychiatrist in the state of Pennsylvania. Dr. DePaula completed her undergraduate training at Vassar College in Poughkeepsie, NY, and completed her graduate studies at SUNY at the Buffalo School of Medicine and Biomedical Sciences.

Lora Cantele, RA

Lora Cantele is a Registered Clinical Aromatherapist through the Aromatherapy Registration Council (ARC) and a Certified Aromaflexology (formerly Swiss Reflex Therapy (SRT)) practitioner and instructor through its creator, Shirley Price. Her work as former president of AIA has helped the organization flourish to become a leading voice in advancing an ethical practice of aromatherapy for personal as well as clinical use. During her tenure at the AIA (2006-2012) she successfully lead the development and implementation of AIA's aromatherapy educational standards to take the level of aromatherapy education in the USA to new heights. As an aromatherapy educator, writer, and international speaker Ms. Cantele continues to unite and inspire her colleagues to speak out about the importance of this work within an integrative health and wellness program. She is co-author of The Complete Aromatherapy & Essential Oils Handbook for Everyday Wellness.

Mindy Green, AHG, RA

Mindy is an herbalist, esthetician, and aromatherapist, and has written extensively on medicinal plants. Mindy is a well-known educator, author, past director of the Herb Research Foundation, and is currently on the Advisory Board to the American Botanical Council. She brings a wealth of experience and industry insight to the Governing Board. Mindy is a Registered Herbalist with the American Herbalists Guild [RH (AHG)] and also a Registered Aromatherapist (RA). Mindy also participated in aromatherapy training at Purdue University in 1996 and 1997. She consults to the botanical industry through <http://www.greenscentsations.com>.

Robert Brown

Rob Brown is President of The Lebermuth Company, an industry-leading essential oil distributor based in Pennsylvania. Similar to ACHS, Lebermuth is dedicated to sustainability and continuously makes efforts to reduce their carbon footprint. Lebermuth also works with farmers that are dedicated to incorporating green technology, including using less water for plant growth, utilizing solar panels, and encouraging the use of fuels that reduce their carbon output. As a member of the ACHS Aromatherapy PAC, Rob provides important insights into trends and workforce needs in the aromatherapy industry.

Business

Eric Winston, MBA

As chief financial officer for the world's largest Airstream dealer, Mr. Winston brings experience as CFO at Warn Industries and KEEN, Inc. Alignment with values is an important aspect of Eric's professional aspirations. He holds an MBA and a Bachelor of Science degree in Accounting from Oregon State University, where he earned a Distinguished Early Career Award. Eric was a 40 Under 40 recipient and nominee for CFO of the year.

Haoua Cheick Seip, BS, MBA

Ms. Seip is a social entrepreneur and business leader who fosters and inspires enterprise among individuals and groups, from the village stall to the global market. Haoua Cheick helps to identify and capitalize on new business opportunities for women artisans in developing countries. She inspires, motivates, and prepares craftspeople to participate at international markets. As a focused, multilingual individual, her work entails tracking market trends and matching talent with opportunity. Her participation in International markets in Africa, South Asia, the United States, and Europe helps bring social change and impact to communities with technical expertise and strong client management skills. Ms. Seip holds a Bachelor of Science degree in Business and Leadership and an MBA.

Jay Hernandez II, BS Business Management

Mr. Hernandez is a United States Marine Corp. veteran holding the rank of sergeant. He currently works as an employment developer advancing veteran transitions by proxy chains of commands and veteran literacy. Jay held a similar position at the Easter Seals Oregon Veteran Reintegration Program. He holds a Bachelor of Science degree in Business Management and earned the 2017-18 Clackamas Community College Leadership Award.

Katherine Lam, MBA

Katherine Lam is president and co-owner of Bambuza Hospitality Group, which operates Bambuza Vietnam Kitchen at Portland International Airport, with a second location arriving when the airport's Concourse E extension is complete in summer 2020. Bambuza also has locations at Sea-Tac Airport and throughout the Portland

metro region. Lam is actively involved in the community, where she mentors high school students in the culinary arts program at David Douglas High School and helps fundraise for local schools. She earned a bachelor's degree in international business and holds an MBA. Katherine is engaged in public service as a Business Oregon Commission Board Member and as the newly-appointed Port of Portland Commissioner.

[Mike Lewis, DMgt.](#)

Dr. Lewis is an Information Technology executive with 20+ years of experience creating IT vision & strategy in organizations ranging from startups to Fortune 25. As a technology thought leader he forms partnerships across the organization to deliver outcomes. Under his guidance, IT is a source of organizational innovation, excellence, and growth. As a business leader Dr. Lewis acts across functions to get things done with speed, capacity, and maturity throughout the organization by creating scalable IT platforms and processes that deliver and align current productivity needs with our better future strategic vision. Dr. Lewis holds educational degrees that include a Doctor of Management & Business, a Master of Arts focused on Organizational Development & Leadership, and a Bachelor of Science in Business Administration.

[Zach Henkin, PMP, MBA](#)

Zach Henkin serves as the Deputy Director at Forth, a national non-profit impact organization that's advancing and increasing access to electric and shared transportation. Always seeking to improve the status quo, Zach volunteers his time consulting with nonprofits and US cities on transportation, and land use seeking to connect the dots and foster innovation wherever he can. Zach's educational background includes an MBA with an emphasis on sustainability, a Lean Practitioner certificate, and a PMP project management certification. Prior to his position at Forth, Zach was program director at Drive Oregon director of operations at Sunlight Solar Energy.

[Herbal Medicine](#)

[Dr. Arlene Kestner, PhD](#)

Please see bio under the Aromatherapy & Spa Management Program Advisory Council.

[Danielle Lombardi, BA, MSOM, L.Ac](#)

Danielle Lombardi is a nationally board-certified acupuncturist practicing in Portland, OR. She received her Master's in Science from the Oregon College of Oriental Medicine in Portland, and her Bachelor of Arts from Bard College in Anandale-on-Hudson, New York.

Danielle combines acupuncture, Chinese herbalism, shiatsu bodywork, aromatherapy, qigong, and sound therapy within her practice. She cultivates the innate strength and wholeness within each patient to inspire healing and balance of body, mind and spirit.

[Mindy Green, AHG, RA](#)

Please see bio under the Aromatherapy & Spa Management Program Advisory Council.

[Integrative Health and Wellness](#)

[Barbara Solomon, RN \(Retired\), L.Ac.](#)

Barbara Solomon was born and raised in Pittsburgh, PA. She moved to Oregon at 19 and loves it here. She became an RN in 1985 with an Associate Degree of Nursing (ADN) from Portland Community College (PCC), continued with her schooling through PCC, Mt Hood Community College, Portland State University and Concordia College (now Concordia U) and obtained her Master of Acupuncture and Oriental Medicine (MAOM) from Oregon College of Oriental Medicine (OCOM) in 2003.

In addition, she is a certified Qi Gong instructor and a Lineage Holder of Chinese Essence Qi Gong, is trained in reflexology and certified in several vibrational healing modalities, including Reiki, Reconnective Healing and Chios Energy Healing. She is a holistic coach and facilitates workshops on various aspects of aging including being a certified Conscious Aging facilitator through the Institute of Noetic Sciences (IONS).

Barbara has worked in the healthcare field since the late 70s in a variety of areas including ICU, staff development, long-term care and end of life care, private practice and clinical research on both biomedical and complementary/integrative studies. She

knows the importance of understanding the mind/body/spirit connection in our physical and emotional lives and loves to share that information with others.

She volunteers with the Start Making a Reader Today (SMART) program, Portland Veterans Acupuncture Project (PVAP), Volunteers Interested in the Emotional Wellbeing of Seniors (VIEWS), is a member of the City of Gresham Art Committee and on the board of the OCOM Alumni Association.

[Diane Borders, MS](#)

Diane Borders is a graduate of the ACHS MS in Complementary Alternative Medicine program. Diane worked in the government arena and private sector in contracts, project controls, budget formulation, and database design for nearly 20 years before pursuing a career in integrative health and wellness. Diane is now Founder and CEO of New Mutant, LLC, a consulting practice focused on educating clients about DNA, the methylation pathway, and genetic single nucleotide polymorphisms (SNP). The methylation pathway is important in maintaining wellness. Mental illness, neurological disorders, heart disease, stroke risk, diabetes, and much more are tied to mutations on this pathway.

[Danielle Lombardi, BA, MSOM, L.Ac](#)

Please see bio under the Integrative Health and Wellness Program Advisory Council.

[Lauretta Young, MD](#)

Lauretta Young, MD, is a 2009 retiree after 25 years of service at Kaiser Psychiatry Dept. During her tenure she held various clinical and administrative roles including physician hiring director, residency training director, head of consult service, quality management director, and then chief of the department of over 250 clinicians. She developed and administered a wide range of mental health services which won several national quality awards.

Since 2010 Lauretta has acted as Medical Director for the OHSU School of Medicine student resiliency program which has both interventional and research components. She previously taught in the Community Health program at Portland State University (

teaching human sexuality, stress management and health care issues across the age span) until 2014 when she took the role of Chief Medical Officer for Health Republic Insurance - a newly formed health CO-OP which aimed to innovate in health care delivery.

With the closure of most of the health CO-OPs due to congressional funding issues Dr. Young has focused on teaching in the MBA program at OHSU. She teaches leadership, health care law and regulation and human resource management. Her passion is to influence the next generation of healthcare leaders. To keep up her clinical skills she also performs disability exams for veterans.

[Lisa Powell, MS, Grad.Cert. Nut.](#)

Lisa Powell earned a Masters in Complementary Alternative Medicine from American College of Healthcare Sciences. She has also earned additional graduate certificates from ACHS in Holistic Nutrition, Aromatherapy, Botanical Safety, and Anatomy and Physiology. She recently passed the Holistic Nutrition Credentialing Board exam and became Board Certified in Holistic Nutrition®

As a Vitality Expert, Lisa Powell merges her experience as a scholar in Complementary Alternative Medicine, (with a focus on Mind-Body Medicine), a Functional Diagnostic Nutrition Practitioner® (FDN), and a Health Educator to doctors. Her career has been defined by a broad understanding of all levels of integrative health practices.

Lisa brings a unique offering to the table by looking at mind-body components, when helping people improve their health span, so they can add more life to their years.