Let’s Explore
Dynamic Phytotherapy

Presented by

Dorene Petersen
President & Founder
What are Dynamic Phytotherapy Remedies?

• blended herbal remedies potentized in a homeopathic manner - may contain 20, 30 or 40 different herbs
• are all the same potency (5x) and can all be blended freely with each other
• are colored yellow or brown, and have a distinct taste and aroma
What are Dynamic Phytotherapy Remedies

• easy to use and dispense for a broad range of common imbalances

• easier to use than homeopathic remedies because you do not have to do an extensive intake to match physical and emotional characteristics to a specific remedy.
What are Dynamic Phytotherapy Remedies?

- consultant can readily mix the thirty basic Dynamic Phytotherapy formulations into an unlimited number of combinations to fit the needs of a client.

- Dynamic Phytotherapy Remedies produce physical reactions in the body just like herbs do - only they are a lot gentler.
What are the actions of remedies in the body?

- physical and dynamic - assimilation - absorption of nutrients at a cellular level
- depuration - opening natural drainage channels for releasing toxins
- stimulation - selectively stimulating the healing response’s chain of events to lead to homeostasis
- restoration - restoring healthy function
The Development of Dynamic Phytotherapy Remedies

• originally developed by professional members of the Homeobotanical Institute ("HI") of New Zealand

• now 100’s of Consultants of Dynamic Phytotherapy throughout New Zealand and growing numbers in Australia, New Guinea, England, Philippines, and the United States. ACHS has approximately 100 graduates!

• some medical doctors, naturopaths and a list of pharmacies use these remedies
in 1984, years of experimentation and observation all came together through the work of Dr. Brian Murray ND, DO, Ph.D. Auckland, New Zealand. 

- clients of low-income unable to afford CAM - cost of many commercial herbal formulations high 
- looking for low cost, effective supplement that could be made available to all clients in need 
- imported herbal fluid extracts 
- adjusted to 5x and potentized by succussion 
- blended these diluted, potentized herbs 
- affordable and effective
your body is a latticework of energies invisible or subtle energies influence the way you think, feel, and live
Energy Medicine

- vast communication system within cells, organs, blood, and tissues of the body

- now known that the cells of the body emit pulses of light and these pulses seem to be a light-based communication system that is involved in the coordination of the cells within organs and other systems of the body

- diluting herbs and potentizing them infuses them with energy intensifies the biological response of the client
Energy Medicine

everything has a particular vibrational signature

homeopathy, acupuncture, flower essences, crystal therapy, gem therapy

www.achs.edu
Preparing Dynamic Phytotherapy Blends

• one volume of concentrate is diluted to four volumes of finished remedy

• then potentized by succussion

• 1-oz bottle given to clients contains 1-t of Dynamic Phytotherapy concentrate and 4-t of base
Solvents for Dynamic Phytotherapy Bases

• Ethanol (or potable alcohol) and vodka are powerful solvents with good preservative properties - toxic at cellular level if used excessively

• Glycerol (or glycerin) is a less powerful solvent and preservative - entirely compatible with cellular metabolism also palatable

• Acetic acid is an excellent solvent and preservative - has a sharp, unpleasant taste
• combination of vegetable glycerol and acetic acid may be prepared which approximates ethanol in its solvency properties

• used to prepare glycetracts organic solvents are needed to dissolve resinous and lipophilic fractions of herbs
Herb Water Glycettract

• use where there is an objection to ethyl alcohol, where low cost is a factor, and where a degree of sweetness is desired
• more viscous than alcohol base, foam more, - more prone to putrefaction

To prepare one liter of Herb Water Glycettract
½-pt Glycerin BP – vegetable gycerine
1 ½-pt Purified Water

This low-cost preparation contains 20% v/v of glycerol. Smaller volumes may be prepared by mixing one volume of glycerin with four volumes of pure water.

Make up only sufficient Herb Water Glycettract for immediate use. Store any unused mixture in a refrigerator.
Herb Water Stabilizer

4-oz Glycerin BP

½-pt Commercial Vodka

1-pt Purified Water

Where maximum stability is desired, a mixture of glycerin and alcohol gives best results.

The alcohol virtually prevents foaming in the finished remedy. Smaller quantities can be made up using one volume of glycerin, two volumes of vodka and five volumes of pure water. This mixture is the best herbal vehicle for dynamic phytotherapy.
Making a Dynamic Phytotherapy Remedy

1. using any amount of concentrate

2. measure the volume of Dynamic Phytotherapy concentrate

3. multiply the measured volume by FOUR

4. dilute the one volume of concentrate with four volumes of base

result - five volumes of prepared remedy

5. Potentize by succussion – 1x5 potency

6. store, pour the mixture amber bottle, and keep in a cool, dry, place.
Mini Blending

• make up a mini set in 25-ml glass dropper bottles.

• 5 mls is approx 76 drops, so when combining 2 primary remedies use 38 drops of each

3 remedies use 25 drops of each
4 remedies require 19 drops of each

system of "squirts" is used, since counting drops is a tedious

the dropper when half filled requires six "squirts" to make up the 5-ml of mixture.
Storage and Shelf Life

• Stored carefully to ensure ease of dispensing and maximum shelf life

• Arrange them in alphabetical order in a cool place away from direct sunlight

• Ensure the caps are tight and the labels are clear and secure.

• Dynamic Phytotherapy remedies have a three-year manufacturer's shelf life - they are a "living remedy”

• May contain resilient yeast spores and other living organisms in herbal extract.

• Opening and using the product allows alcohol to evaporate and new "bugs" to get in, so a regular check of appearance and odor is recommended
Storage and Shelf Life

• Progressive degeneration of the herbal constituents over time from oxidation and polymerization

• Tinctures with alcohol only or with an alcohol content of over 70% are regarded as being eternally stable.

• Complete a New Year quality check of concentrates

• Prepared Dynamic Phytotherapy blends are dispensed with the recommendation of a maximum one-year shelf life
More Resources

- Biofield Therapies: Helpful or Full of Hype? A Best Evidence Synthesis Shamini Jain¹ and Paul J. Mills²,³
  http://www.springerlink.com/content/n772q20j61180nj0/fulltext.html

- National Center for Homeopathy
  http://www.homeopathic.org/index.html

- The Herbal Energy Center
  http://www.herbalenergy.co.nz/
Helpful Links

- American College of Healthcare Sciences (ACHS) – Specializing in comprehensive and accredited online holistic health degree and diploma programs since 1978  www.achs.edu or call 503-244-0726

- Apothecary Shoppe College Store – Tools and organic supplies for wellness.  www.apothecary-shoppe.com

- ACHS on Twitter:  www.twitter.com/ACHSedu

- Like ACHS, Apothecary Shoppe and ACHS Urban Herb Botanical Teaching Garden on Facebook – Go to achs.edu and click on our Facebook link.

- Subscribe to our YouTube Channel –  www.youtube.com/achstv